



# Dr. Mackenzie Kranics

Naturopathic Doctor

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**Hormone Health - Sleep Health - Mental Health**



## About Dr. Mackenzie Kranics, ND

Dr. Mackenzie Kranics is one of the NDs at Radiance Medical Clinic. Her practice focuses on hormone health, mental health and sleep support. She is dedicated to hearing your whole story so that she can help you address the root of your concerns and help you achieve a healthy well-rounded lifestyle for every moment in life that needs your health.

After completing her naturopathic medical training at the Canadian College of Naturopathic Medicine, Dr. Mackenzie Kranics, ND worked in a busy Ontario pharmacy where she helped run a COVID-19 vaccine clinic and organize the women's health menopause clinic. Before entering practice, Mackenzie worked as a medical receptionist at the Halton McMaster Family Health Team in Burlington Ontario where she triaged incoming appointments.

She moved to Alberta to expand her horizons and gain even more experience in health care. She joined Radiance Medical to better position herself to help patients access well-rounded patient-centered care. Her goal is to help people understand their health, set realistic goals, and create a plan to succeed.

Mackenzie hopes to play an important part in your healthcare and make a strong impact on the way you feel both in body and mind. She works hard to create a safe space for patients of all backgrounds to heal on a deep level.

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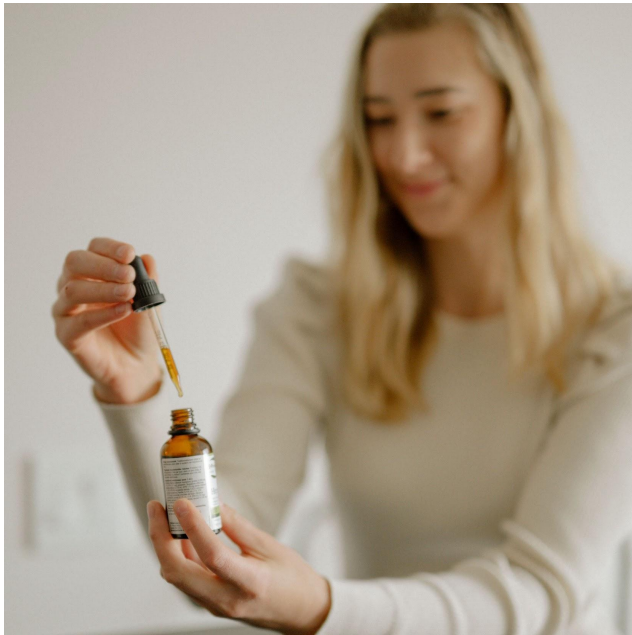
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*“Well-rounded healthcare leaves the patient feeling more educated, informed and empowered to manage both their current diagnosis and overall general health and wellbeing.”*

– *Dr. Mackenzie Kranics, ND*

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## About Naturopathic Medicine

Naturopathic medicine is a distinct health care profession that combines the wisdom of nature with the rigors of modern science.

Naturopathic doctors are trained as primary care providers who diagnose, treat and manage patients with acute and chronic conditions, while addressing disease and dysfunction at the level of body, mind and spirit.

Naturopathic doctors concentrate on whole patient wellness through health promotion and disease prevention, while addressing the underlying cause of the patient's condition. They provide individualized, evidence-informed therapies that balance the least harmful and most effective approaches in order to help facilitate the body's inherent ability to restore and maintain optimal health.

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## Services

### Assessments

- Preventative health screens
- Food sensitivity testing
- Hormone panel
- Stool analysis
- Physical examinations
- Blood pressure monitoring

### Treatments

- IV therapy and vitamin injections
- Diet and lifestyle advice
- Precise supplement plans
- Stress management
- Mindfulness techniques
- Hydrotherapy
- Light therapy for mood support

### Concerns

- Mental health support
- Menopause support
- Sleep support
- Digestive complaints
- Chronic health conditions
- Weight loss program
- High blood pressure
- Diabetes management



**CALL 403-460-5663 TO BOOK**

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